Instructions: Measuring the monocular PD guarantees more accurate prescription processing. To measure the decentration of each eye individually using the center of the bridge as the “0” point follow these steps:

1. Place the Monocular Manual Pupilometer on the patient’s face, making certain it is sitting squarely and securely the patient’s pupils are visible.

2. To take the measurement you should be approximately 16-18 inches in front of the patient.

3. Measure the patient’s left eye using your right eye with your left eye closed. Hold a pen light (not included) directly below your right eye to measure corneal reflection. This will eliminate any horizontal errors.

The patient should focus on the light or your open eye (same technique as when using a PD rule). Gently slide the vertical bracket along the horizontal track until the etched line intersects the corneal reflection. Read the monocular PD on the millimeter scale.

To measure the patient’s right eye close your right eye, open your left eye and place the light just below it. Have the patient focus on your open eye or the light. Once again move the slide in front of the patient’s right eye until the line intersects the corneal reflection. Read the monocular PD on the scale.

MMP maintenance: Temples can be adjusted by bending without heating. Do not use any harsh or abrasive chemicals on the polycarbonate or scale. When fingerprints are obvious use a fine spray of lens cleaner and wipe gently as you would a plastic lens.